

Colchester Officers' Club

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Code of conduct for Parents/Carers

- Encourage your child to learn the rules of tennis and play within them
- Discourage unfair play and arguing with officials
- Help your child to recognise good performance, not just results
- Never force your child to take part in sport
- Set a good example by recognising fair play and applauding good performances of all
- Never punish or belittle a child for losing or making mistakes
- Publicly accept judgements by officials
- Use correct and proper language at all times
- Allow your child to play in the Mini Tennis colour stage that is appropriate to them; this will ensure they enjoy playing the game, develop their skills and gain confidence
- Purchase balls and rackets that match the stage your child is in
- Be patient. Steady progression is unusual in children; peaks and plateaus are common
- Your first question following a match should be: “Did you enjoy it?” not “Did you win?”
- At no stage should you communicate with your child or interfere with the on-court helpers and umpires during a match

Code of Conduct as a Junior member of Colchester Officers' Club.

You are expected to abide by the following code of practice:

- All members must play within the rules and respect officials and their decisions
- All members must respect the rights, dignity and worth of everyone regardless of age, gender, ability, race, cultural background, religious beliefs or gender identity
- Members must keep to agreed times for training and tournaments, or inform the coach if they are going to be late
- Members must wear suitable clothing

Enjoy and respect